

# Summer Newsletter 2017

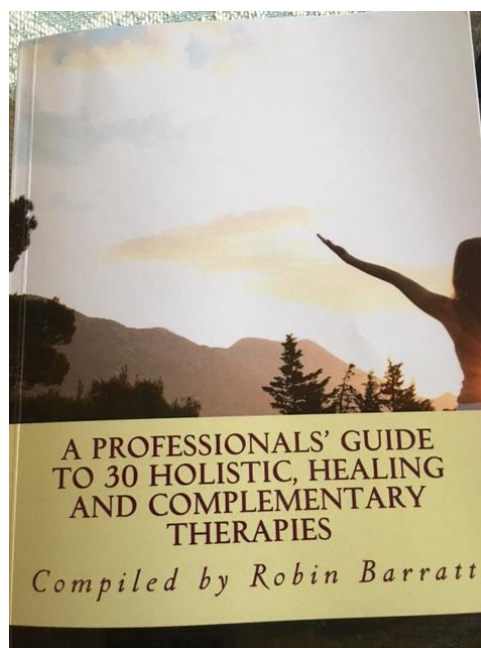
Welcome to the latest newsletter from the Therapeutic Massage Clinic, hard to believe six months has passed since the last one. It has been a busy time as usual with extra clinic hours to give you even more choice and availability. The clinic is now open even more hours with appointments from 8am available Monday and Friday and evenings until 8pm Tuesday and Thursday.

I have kept prices stable for the past three years but there will be an annual price increase from 1<sup>st</sup> June this year. The new prices can be found in the clinic, on the website or from Helen when you next visit.

They say it takes 17 muscles to smile and as the clinic is celebrating its 17<sup>th</sup> Anniversary, here's one just for you.



In January this year I was approached to write a chapter on Therapeutic Massage for a new book on Complementary Therapies. The book has now been published and is available to read in the clinic.



I have updated my **First Aid** again with the lovely trainers at St. John's Ambulance. However, please **DO NOT** feel you have to test my skills, just enjoy the safety of the certificate!

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